



PARENTS HANDBOOK

HOUSE LEAGUE HOCKEY IN STOUFFVILLE

★ FOR THE 2022/23 SEASON

TABLE OF CONTENTS



Philosophy



Equipment Checklist



Schedule



Novice Mandate



Rules of Houseleague



Training Sessions



Rostered Select



Special Events



Important Dates



Mandatory Respect in Sport



Mandatory Rowan's Law



Volunteer



Contacts

Philosophy

The WSMHA House League Hockey Program is intended for all players, no matter what skill level, they all benefit from the opportunity to participate. House League allows players to enjoy the sport of hockey in a controlled, fun, non-checking environment, while improving the players' individual and team skills through practice and games. Emphasis is on players' skills, sportsmanship and love of the game. All players will be given equal playing time during games, regardless of game situations. Continued skill acquisition and development are the primary goals of house league. Winning or losing takes a backseat to the development of every WSMHA player in our house league.



EQUIPMENT CHECKLIST

SHOULDER PADS

ELBOW PADS

GLOVES

STICK

HOCKEY PANTS

HOCKEY SOCKS*

SHIN GUARDS

C.S.A. approved
HOCKEY HELMET
with FACE MASK

MOUTH GUARD

NECK GUARD

JERSEY*

JOCK/JILL**

GARTER BELT/TAPE
to hold socks**

SKATES

*Both Jersey and socks will be supplied after teams are finalized.

**Jock shorts include Velcro sock grips and cup pocket and are easier for younger children.



SCHEDULE (SUBJECT TO CHANGE)

- **U7-Acton / May / Hassard**

- Games: Saturdays 7:15, 8:15 or 9:15 am
- Practices: Sundays 9:15, 10:15 or 11:15 am

- **U8 (2015)**

- Games: Saturdays 10:15 am, 11:15 am or 12:15 pm
- Practices: Sundays 12:15, 1:15 or 2:15 pm

- **U9(2016)**

- Games: Saturdays 1:15 or 2:15 pm
- Practices: Sundays 12:00 or 1:00 pm

- **U11 (2013/2012)**

- Games: Saturdays 7:00 am, 8:00 am, 9:00 am
- Practices: Sundays 2:00 pm, 3:00 pm or 4:00 pm

- **U13 (2011/2010)**

- Games: Saturdays 10:00 or 11:00 am
- Practices: Sundays 3:15 or 4:15 pm

- **U15 (2009/2008)**

- Saturdays 12:00 or 1:00 pm
- Sundays 5:15 or 6:15 pm

- **U21 (2007-2003)**

- 1-2 games/week
- Sundays 7:15, 8:15 or 9:15 pm
- Thursdays 8:15, 9:15 or 10:15pm



Hockey Canada Pathways

- * No competitive team tryouts before September
- * Minimum of 4 pre-try out "skates"
- * Structured try outs- skill, small area game, formal game.
- * No elimination style play-offs
- * No tournaments before January 15
- * Half ice games for U7 and U8; half-ice games for U9 until January 15
- * No full-time goalies, players rotate thru all positions
- * Blue pucks for U8 and below, U9 black pucks
- * Fixed practice/game ratios "Development Phase"(8 weeks), "Regular Season Phase" (20 weeks)
- * No Rostered Select teams for U9 and below

For more information see <https://www.omha.net/noviceandbelow>

RULES OF HOUSE LEAGUE



U7 (Acton, May Hassard)

- Cross Ice (4 on 4)
- 3 Min Buzzers Acton - 2 Min May & Hassard
- No Ref's
- Periods: 20/20 min
- Penalties: Offending player misses shift, team plays full strength
- Blue Pucks

U8

- Half Ice (4 on 4)
- 1 Min Buzzers
- Has Ref's
- Periods: 22/22 min
- Penalties: Offending player misses shift, team plays full strength
- Blue Pucks



RULES OF HOUSE LEAGUE

U9

- Half Ice (4 on 4) until mid January, then Full Ice (5 on 5)
- Handshakes before the game starts.
(refs will use this time to check for mouth guards)
- 1 Min buzzers in 1st half
- Icing, Offsides and 'On the fly" shift changes are introduced in 2nd half
- Rotated goalies
- Periods: 22/22 min
- Black

U11 and Up

- Full Ice (5 on 5)
- Handshakes before the game starts.
(refs will use this time to check for mouth guards)
- Icing & Offsides are called
- Shift changes on the fly
- Full time goalies who switch ends in between periods
- Periods: 14/14/14 min
(3rd period will be shaved down to fit ice time)
- Last minute of 3rd period is stop time if the score is within 2 goals.



Rostered Select Program

What is Rostered Select?

Rostered Select (RS) hockey, is a bridge between house-league hockey and a more competitive level. All house-league players are invited to try out for the Rostered Select teams. If a player is chosen for, and then agrees to join an RS team, the player will still play with his or her house league team. However, the child also plays with his or her RS team independently of house league. They will play against Stouffville's neighbouring towns' RS teams and may also play in 1-3 tournaments throughout the year. There is an additional cost for joining an RS team, although this cost is not as great as it is for rep hockey. Parents should be prepared to pay approximately \$500.00 to as much as \$1,000.00 per player in addition to the WSMHA registration fee. Those amounts fluctuate depending on team-fundraising efforts, sponsorships, etc. As with rep teams, the head coach and team manager of the team provide a budget for expected team finances at the commencement of the season, and the team may acquire sponsors or organise fundraising events to offset the team expenses.

Who can play RS?

In order to attend these tryouts the player must be registered with WSMHA. *If you live out of area, you will have to check with the office to make sure you are eligible.* All players wishing to try out for the RS team must attend the tryouts. The RS coach will pick his/her team from all skaters who tryout.

All Rostered Select Players MUST play in the house league division, and attend house league practices in addition to being on the RS team. **House league is a prerequisite of rostered select and as such, takes precedence over RS.*

As per Hockey Canada and OMHA mandate, Rostered Select teams start in the Atom division and above.



SPECIAL EVENTS



HERE ARE JUST SOME OF THE SPECIAL EVENTS OUR HL PARTICIPATES IN THROUGHOUT THE SEASON:

- Hallowe'en Costume Day for U7 division
- Team Photo Day
- U7 Christmas Santa Skate
- Championship day



Important Dates



- First Day Oct 1st
- No Hockey on Thanksgiving Weekend
- Halloween Skate Oct 30th
- Picture Day - November 12
- U7 and U8 Santa Skae Dec 18th
- No Hockey Dec 24th & 25th
- No Hockey Dec 31st & Jan 1st
- No Hockey March 25th & 26th
- Championship Day March 25th (Final day)



Mandatory Respect in Sport

One of the most common reasons coaches, managers, officials and athletes, of all ages, cite for leaving sport is unacceptable parent behaviour. **The Respect in Sport Parent Program** will help define a standard of behaviour for all parents and create a more rewarding, safe and respectful environment for everyone involved. Parents want to do a great job supporting their kids. Respect in Sport provides parents with the tools to do just that.

Before your child can take the ice a parent must complete this online course. If you have already taken the course for another child, you still need to log into your OMHA account, go to the Child Management Section and add the new player's info.

<https://omhahockeyparent.respectgroupinc.com>





VOLUNTEERS NEEDED

**WSMHA IS RUN BY DEDICATED VOLUNTEERS, ON & OFF ICE.
PLEASE CONTACT US IF YOU ARE ABLE TO ASSIST IN ANY
WAY**



houseleague@wsmha.com

Contacts

- Administrative: info@wsmha.com
- VP of House League: Candice Miller
houseleague@wsmha.com
- Director of Rostered Select: Mark
Gowland magowlan@microsoft.com
- Head of Initiation Program: Tricia
Gordon triciagordon8@gmail.com

Convenors by Division

- Acton: Vacant
- May: Maya Hadfield mstopnicki@hotmail.com
- Hassard: Vacant
- U8-Stefanie Todoroff todoroffstefanie@gmail.com
- U9- Melinda Hubbard melinda.hubbard23@gmail.com
- U11- -Christine Hand/christinehand@gmail.com /
- U13-Elica Ivanovski eivanovski@yahoo.ca
- U15-Kevin Kilbride kkilbride@rogers.com
- U21-Nadia Muktar nmuktar@rogers.com

